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filtering the received signal to create a filtered signal;

correlating the filtered signal with a sequence signal to generate a correlated signal;

analyzing the points of correlation in the correlated signal to determine if the received signal is a request to resume communication.

- 26. The method of Claim 25, wherein analyzing comprises comparing the correlated signal with a threshold signal to determine if the correlated signal is a request for a communication.
- 27. The method of Claim 25, further including the step of initiation of a warm start operation if the analyzing reveals that the points of correlation match designated points of correlation.
- 15 28. The method of Claim 25, wherein a finite impulse response filter is used to perform correlating.
  - 29. The method of Claim 25, wherein the received signal is a sequence signal.
- 20 30. A method for periodically modifying communication device settings to account for changes in a communication channel comprising;

sending a sequence signal from a first location to a second location over the communication channel;

receiving the sequence signal at the second location;

filtering the sequence signal at the second location;

correlating the sequence signal at the second location with a duplicate of the sequence signal to obtain a correlated signal; and

processing the correlated signal to determine changes in the communication channel.

- The method of Claim 30, further including modifying the communication device settings, based on the processing, to account for changes in the communication channel.
- 32. The method of Claim 30, wherein the sequence signal comprises an M-sequence type sequence signal.
  - 33. The method of Claim 30, wherein the communication channel comprises one or more twisted pair conductors.
- 20 34. The method of Claim 30, further including sending a sequence signal from the second location to the first location;

receiving the sequence signal at the first location;

filtering the sequence signal at the first location;

correlating the sequence signal at the first location with a duplicate of the sequence signal to obtain a correlated signal; and

5 processing the correlated signal to determine changes in the communication channel.

35. A method for updating communication device settings to aid in executing a warm start operation, the method comprising:

receiving a sequence signal;

correlating the sequence signal;

processing the correlated sequence signal to determine current channel characteristics;

adjusting the communication device settings based on the processes.

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36. The method of Claim 35, further including comparing the current channel characteristics to channel characteristics at a time prior to the processing; and modifying the communication settings if the comparing determines the current channel characteristics are different than the channel characteristics at a time prior to the processing.